

**March 13 – 19, 2010**  
**SEEKING GOD – PART 1**

In this lesson you will learn how to seek God, leave the past behind, and move forward.

- I. Seeking God and moving forward.
  - A. Philippians 3:13-14 – “Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”
  
- II. Some of the things you need to leave behind.
  - A. Sin, which is disobedience to God.
  - B. Disappointment or failure – Failure can be when you knew to do something and you didn’t do it. Failure can also be when you tried to do something and it turned out wrong.
  - C. Don’t dwell on how you missed it, you have to move on. Just as you can’t move a parked car, you will not go forward if you continue to dwell on the past.
  
- III. Scriptures on seeking God.
  - A. Matthew 6:33 – “But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”
  - B. Psalm 27:8 – “Your face, Lord, I will seek.”
  - C. Colossians 3:2 – “Set your mind on things above, not on things on the earth.” Take time to seek Him.
  - D. Psalm 110:3 – “Your people shall be volunteers in the day of Your power.”
  - E. Hebrews 11:6 – “...He is a rewarder of those who diligently seek Him.”
  - F. James 4:8 – “Draw near to God and He will draw near to you.” Learn His ways, thoughts, and ideas. (See Isaiah 55:8-9.)
  
- IV. Ways to seek God in the Word and prayer.
  - A. Prayer - Talking from your heart to God and listening for Him to speak – Matthew 26:41.
  - B. Reading and studying the Word of God – Psalm 119:105; 2 Timothy 2:15; Isaiah 34:16.
  - C. Speaking scriptures over your life – Proverbs 4:4-9; Joshua 1:8.
  - D. Praying in the Spirit – Romans 8:26-27; 1 Corinthians 14:15.

**DISCUSSION QUESTIONS**

- Share a time you had to leave a sin, disappointment, or failure behind so you could move forward.
- Share how you are seeking God on a regular basis.
- What are some scriptures you are praying over your life?

**BE A DOER OF THE WORD**

This week meditate on the scriptures on seeking God.

**SCRIPTURE MEMORY VERSE:** Philippians 3:13-14 – “Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”