

**January 10 – 16, 2009**  
**HELPING OTHERS**

In this lesson you will learn that we all have a calling to help other people. When you help other people you are putting the Kingdom of God first.

- I. Helping others – Isaiah 58:6-12, Luke 4:18.
  - A. Isaiah 58:6-7 – “Is this not the fast that I have chosen...” – v. 6. God’s chosen fast.
    1. Loose the bonds of wickedness and undo heavy burdens – alcohol, drugs, immorality, unforgiveness, bitterness, strife, and anger.
    2. Let the oppressed go free and break every yoke – bondage, darkness, heaviness, evil spirits, and deception.
    3. Share your bread with the hungry, bring to your house the poor, and clothe the naked.
  - B. Verses 8-9 – These are the results of doing verses 6-7.
    1. Your light will break forth like the morning.
    2. Healing will spring forth speedily.
    3. Righteousness shall go before you – puts you in a position where no weapon formed against you shall prosper.
    4. The glory of the Lord shall be your rear guard – it removes shame and the attack of the enemy.
    5. You shall call, and the Lord will answer – no more unanswered prayers.
    6. You will cry, and He will say, “Here I am” – no more delay in your prayers. God will answer quickly.
  - C. Verse 9 – You have to stop the pointing of the finger and speaking wickedness – finding fault with others.
  - D. Verse 10 – Meeting two kinds of needs.
    1. Extend your soul to the hungry – meeting physical needs.
    2. Satisfy the afflicted soul – meeting spiritual needs.
  - F. Verses 11-12 – God will guide you continually, satisfy your soul in drought, and strengthen your bones (healthy). You shall be like a watered garden (fruitful, productive), a spring of water that does not fail (joy, peace, victory). You will build up the old waste places and shall raise up the foundations of many generations (generational curses broken off people). You will be a Repairer of the Breach, and the Restorer of Streets to Dwell In.

**DISCUSSION QUESTIONS**

- How are you helping others according to Isaiah 58:6-7?
- What results are you seeing in your life according to Isaiah 58:8-9?
- Are you meeting both physical and spiritual needs in people’s lives?

**BE A DOER OF THE WORD**

This week meditate on Isaiah 58:6-12 and begin to model your life after these verses.

**SCRIPTURE MEMORY VERSE:** Isaiah 58:12 – “You shall be called the Repairer of the Breach, the Restorer of Streets to Dwell In.”