

May 9th-15th

10 things Learned from Quarantine

In this lesson you will learn three key principles of victory learned during quarantine.

Intro: Throughout this time of quarantine many of us have experienced pain during this time of crisis. This pandemic has caused people of all walks of life to experience a crisis economically, emotionally, and relationally. The Hebrew word for crisis is Mashher, but it is also the Hebrew word for birthing-stool and potter's wheel. From times of crises and brokenness, we can discover that God often brings us to places of greater wholeness. Times of crises can become the foundations of unexpected new beginnings of vision, purpose, and creativity.

I. I'm not in control of the Government, but I can govern my own Emotions

- A. Don't let your emotions run away with you. Phil 4:4- It's your choice to rejoice. You have the right to make up your mind to have a good attitude and to choose joy instead of sorrow. You don't have control of the health department or the CDC, but you do have control over the thoughts and emotions you choose to dwell on. Your perspective can turn a prison into a palace.

II. I'm not in control of the virus, but I can control my Victory

- A. Victory is an internal disposition not an external destination. You don't arrive one day at victory; it is a choice of attitude each day. 2 Cor 2:14- Declares that no matter what situation you are facing, God will always cause you to triumph over it. You have resurrection power inside of you. No matter the obstacles or mountains that stand in your way, they will not prosper against you. You are not a victim, but a victor.

III. God Favors the Bold

- A. Don't let any timidity or shyness stop you from stepping out in faith. Don't let the naysayers and the haters pull you down to a level of ineffectiveness and impotency. Even if what you are doing is unprecedented, take steps of faith and move out into uncharted territory. All the other disciples stayed in the boat, but Peter decided to meet Jesus right there on top of the water. Be bold, be courageous, and like Joshua possess the Promised Land (Josh 1:9).

Discussion Questions

1. Have you been able to manage your emotions during this time of quarantine?
2. Do you see yourself as a victor or a victim of this pandemic?
3. What steps of faith are you boldly taking in this time of crisis?